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Toronto Medical and Electro-Therapeutic Institute

THE

CURATIVE POWERS

OF

ELECTRICITY

DEMONSTRATED.

UNIVERSITY OF TORONTO
APR 12 1936
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NOTE.—If not personally interested in the contents of this pamphlet, will the reader kindly hand it to some invalid or ailing one who may be benefitted thereby.

TORONTO:
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1877.

THE TORONTO MEDICAL AND ELECTRO-THERAPEUTIC INSTITUTE.

The successful use of electricity in the treatment of nearly every form of disease is a comparatively new thing in Canada. A little over two years ago, the above institution, situated on the corner of Jarvis and Gerrard Streets—the finest streets in the city—was opened in Toronto. Its operations were at first confined to a building not more than a quarter the size of the present one. Before many months had elapsed, the premises were found to be too small, and the adjoining building was secured. But so popular had the electropathic system of Prof. Bolles become, that in less than a year the remainder of the row of buildings was required, simply to accommodate during their stay in the city, patients residing at a distance from it. It was speedily found that further enlargement would be necessary; and at the time the institution was closed for the purpose, two months ago, many persons had long been waiting in vain for vacant rooms. We have pleasure in now presenting our readers with an illustration of the facade of what is practically a new building. This structure, which is sixty-seven feet long, has all the modern internal improvements and is thoroughly ventilated. An extensive dining-room, with kitchen, pantry, &c., occupies the greater portion of the basement, the remainder being fitted up as servants' dormitories. At the north end of the building, is a large parlor handsomely furnished, while the rest of the floor contains commodious reception, consultation and treatment rooms for both sexes. The gentleman's department is in charge of Dr. Vernoy, a physician of extensive experience. Both the upper flats are devoted to sleeping-rooms, in the appointments of which every regard has been had to comfort. A striking external feature of the building is a handsome verandah, extending its entire length on the western side, at the height of one story from the ground. Access to this is obtained from the main hall.

The proprietors of this institution are ladies, Mrs. Jenny Kidd Trout and Miss E. Amelia Tofft, whose success in healing disease, acute and chronic, has been something marvellous. Mrs. Trout is a native of Scotland. This lady had cherished a desire to become a physician, and in the spring of 1875, she had not only the honour of graduating in Philadelphia, but the further honour of receiving the first license to practice medicine and surgery granted to her sex in Canada. She is still the only woman authorized to attach to her name the initials M.D. and M.C.P. and S., Ontario. While the recent improvements were being made in the premises, Mrs. Trout, in company with her husband, the publisher of the *Monetary Times*, visited her native land, from thence passing over to the continent, where she spent some time in acquainting herself with the methods in vogue in various medical institutions of note.

When in Philadelphia, and also while attending as a patient an institution in the State of New York, she became acquainted with her partner, Miss Tofft, who is not only a graduate of one of the oldest women's colleges in the world, but has had eight or ten years' experience in hygienic, hydropathic, and electric institutions in Philadelphia and New York. Although both these ladies are graduates of one of the most exclusive allopathic schools, they learned enough in their student days to convince them that the treatment prescribed by that system was not always the most reliable, and they therefore determined that when they commenced the practice of medicine they would employ whatever remedies might promise the best results. The success they have attained has ample demonstrated the wisdom of this resolution. Electricity in their hands has proved a most wonderful curative agent. Any of our readers who may wish fuller particulars of what is now one of the popular institutions of the country, should address the proprietors.—*Canadian Illustrated News, July 20th, 1878.*

☞ See Special Notice on back page inside.

What Electricity Can Do as a Curative.

The value of Electricity as a Therapeutic agent is no longer a mere hypothesis, it is one of the best established of scientific facts. Its use in this capacity may be traced much further back than is generally supposed. A thousand years ago the native women of West Africa put their sick children into a hole filled with water, in which there were some of the fish called the raja torpedo, whose electrical qualities are well understood. Scribonus Largus, a physician who lived at the time of the Emperor Tiberius, is known to have done something similar for the cure of gout. Pliny also mentions electricity as a remedy, and Dioscorides records an electrical cure of prolapsus ani. In more modern times we find that practitioners began to experiment with electricity as long ago as the middle of the last century, soon after the discovery of the electric machine and the Leyden jar; and manifold were the uses made of electric baths, electric streams, electric inhalation, etc. Carallo collected the varied observations in his "Essay on the Theory and Practice of Medical Electricity," published in London in the year 1780. He found even frictional electricity efficacious in paralysis, impaired vision or hearing, chorea, epilepsy, chronic rheumatism, scrofulous enlargement of the glands, tape-worm, and especially as a means of re-animating the apparently dead. For a long time, however, electricity was generally regarded with distrust by scientifically educated physicians;—long, indeed, after the discovery of an incomparably more abundant source of electricity in galvanism—and it is only now beginning to be in a fair way to secure from them a recognition of its full and well founded rights. In Europe, and more especially continental Europe, it has been received into medical practice generally. The brilliant labours of Hall, Duchenne, Remak, Myer, Benedict, and others, have so completely demonstrated its powers that very few old-world practitioners, of any note, refuse to recognize in it, at least, an invaluable addition to the resources of the healing art.

In the United States and Canada electricity is also gradually "winning its way" with the profession. For causes which

might be assigned, its progress on the American continent has been comparatively slow, but very considerable advances have been made during the last decade. A large number of our medical men, of all schools, now, more or less frequently resort to its use. It must be admitted, however, that this is, for the most part, only *after all other known means have failed;* that electricity is, with the physician, merely "the last resort." And the reason for this is not far to seek. We find it in the want of definiteness and system, and the general tone of uncertainty which characterize the writings of its received advocates and expounders. The cures effected by "electrical treatment," as recorded in these books, have more the appearance of *accidental successes* than of results reached by a distinct conception of the laws that govern the electrical currents of the various animal tissues and organs, and an intelligent application of means to the end sought to be reached. Were the physician in possession of a classified system of electro-therapeutics, proved to be thoroughly sound and reliable—1st, by its harmony with general electrical laws; and, 2ndly, by its uniform success in curing disease, he would, without question, rely far less than he now does upon the painfully uncertain methods in vogue with the profession, and make use of electricity, in many cases not as the *last* but the *first* agent to be employed.

The discoveries and labours of Professor Bolles have resulted in the elaboration of *just such a system,* as numbers of medical men who have given it their attention have cheerfully testified, adding the confirmation of their *example,* in discarding many of their old theories, and adopting its principles in their constant practice. The following pages will serve to illustrate the success in controlling and curing disease which this system enables the skilled practitioner to achieve.

DISEASES CURED BY ELECTRICITY.

As many persons are not aware what can be done by our Electrical practice, we give the following list of diseases, which we have been especially successful in curing:

Amaurosis, Blindness.
Aphonia, loss of voice.
Asthma.
Ague Chills, Fever and Ague.
Atrophy.
Amenorrhœa, Suppressed Menses.
Bronchitis.
Bladder, stone or gravel in.
Cataract.
Consumption in first and second stages.
Chronic Diarrhœa.
Chlorosis, Green Sickness.
Concussion of Brain.
Constipation.
Cramps or Spasms, Chronic or Acute.
Congestive Diseases of all kinds.
Croup.
Coldness of Feet and Hands.

Irritable Spine, &c.
Kidney Disease.
Liver, Torpid State of.
Lungs, Hemorrhage, Congestion, &c.
Lockjaw.
Liver Complaints generally.
Leucorrhœa, Fluor Albus, Whites.
Lumbago.
Mental Depression.
Cancers, in certain stages.
Copper Colored Cuticle, or Blotches.
Catarrh.
Diptheria.
Deafness.
Dimness of Sight.
Dizziness, or Drowsiness.
Dropsy.
Diabetes.
Difficulty of Concentrating Thought.
Dyspepsia in all its forms.
Dysmenorrhœa, Painful Menstruation.
Difficult Respiration.
Enlargement of Joints.
Earache.
Epilepsy, Falling Sickness.
Felons.
Fits from different causes.
Gastritis.
Gall Stones.
Gout.
Goitre, or Swelled Neck.
Glandular Swellings.
Hemiplegia.
Hemorrhage from different causes.
Hysteria.
Headache, Sick, Nervous.
Incontinence of Urine.
Infantile Paralysis.
Impaired Memory.
Insomnia, or Sleeplessness.
Inflamed or Sore Eyes.
Inflammations.
Impotence.
Irritation of Stomach.
Menstruation, Derangement in.
Mercurial Diseases.
Muscular Contraction.
Milkleg.
Numbness from injuries, or otherwise.
Neuralgia.
Nervous Debility.
Nocturnal Emissions.
Neuralgic Rheumatism.
Old Sores (indolent ulcers).
Paraplegia.
Palpitation of the Heart.
Palsy, Numb or Shaking.
Paralysis.
Pneumonia.
Prostration from various causes.
Prolapsus Uteri, falling of the Womb.
Prolapsus Ani.
Perspiration, Excessive or Suspended.
Piles or Hemorrhoids.
Pulmonary Apoplexy.
Rush of Blood to the Head.
Rheumatism, Acute or Chronic.
Restlessness.
Skin Diseases.
Sore Throat, from any cause.
Salt Rheum.
Scrofula.
Spermatorrhœa.
Spinal Diseases, Curvature, &c.
St. Vitus' Dance.
Sterility.
Stiffness of the Joints.
Strictures.
Swelled Tonsils.
Tape Worm.
Tumors, (Ovarian, &c., in early stages)
Tremens, Delirium.
Uterine Displacements.
Uterine Weakness.
Vertigo.
Weak Eyes, &c.
White Swellings.
Whooping Cough.

A WORD ABOUT OUR CERTIFICATES.

Puffing and humbug is practiced to such an extent, in this age of the world, by most every person *who has* any personal interest at stake, no matter what his business or profession may be, that the public is ever on the look out fearing imposition or over-reaching. We confess that they have just grounds, as each and

all are willing and do pledge their word for the correctness of their particular statements. And we frankly admit that we have no right to expect the people of Canada to believe what we say in preference to others, who may set forth in glowing terms *their* superior merits. Everyone will admit that no patient, at all events, will ever willfully deceive a fellow-sufferer. Hence we have given the names and addresses of numerous well-known citizens who have derived benefit from this method of treatment, and have freely given their testimony so that others suffering from similar complaints may come to us and be cured. These cures have all been performed during the years 1876-77 ; most of the parties are still living at the addresses given, and can be referred to at any time for further information, and thereby get the full benefit of their experience.

"I do not know of a single instance of failure in electro-therapeutic treatment where success could reasonably be expected."

PARALYSIS—IMPORTANT TESTIMONY.

For several years I have suffered from paralysis of the retina of the right eye. Dr. Frank discovered this fact when furnishing me with a pair of spectacles, and remarked, "You will never be cured of that. It is as natural to you now as your skin." In less than a month the treatment I received at the Toronto Electro-Therapeutic Institution restored the nerves of the eye to their normally active condition, and there is now no observable difference between the two eyes. I have also been treated at the same institution for an old and troublesome affection of the kidneys, for which I have received great and, I trust, permanent benefit. But what I have personally experienced is small compared with the cures I have seen effected in others who have come to Dr. Vernoy and Drs. Trout and Tefft for relief from their sufferings. It should be understood that most of these cases have been chronic diseases of long standing, and that not a few of them had been pronounced incurable by other physicians. I do not know of a single instance of failure in electro-therapeutic treatment when success could reasonably be expected.

A. H. MUNRO,
Pastor of Alexander Street Baptist Church, Toronto.
Now (Nov. '77) pastor of Baptist Church, Montreal.

April 14th, 1877.

When the system is suffering from too much brain work the agent to bring it up again is Electricity properly and scientifically applied. It gives vitality at once.

EXPRESSION FROM THE GREAT GOSPEL TEMPERANCE LECTURER.

Mrs. Jenny K. Trout, M.D.,—I am quite glad to say to those who may be suffering from prostration and inward weakness produced by mental anxiety, overwork, or any other cause, will find this condition relieved by Electricity when skilfully applied, as in the Toronto Electro-Therapeutic

Institute. During my stay in Toronto I realized the greatest benefit from Dr. Vernoy's treatment. Indeed it would have been impossible for me to have performed my excessive labors in this city if I had not received treatment at your Institution.

(Signed) D. I. K. RINE.

Toronto, July 7, 1877.

ELECTRICITY IS A BOON TO PROFESSIONAL AND BUSINESS MEN.

From Rev. Dr. Castle, Pastor of Jarvis-st. Baptist Church, Toronto :—

Some months ago I was induced by a friend who had received great benefit from Electro-Therapeutic treatment, to test its efficacy for the relief of a brain, wearied and jaded from overwork. For several successive weeks I had two applications of the treatment each week. From the very first I was relieved of the weariness of mind under which I was suffering, and at the same time experienced a decided increase of physical vigor. Tasks which had become burdensome, I was enabled to accomplish with ease. My sleep, which had become uncertain and often impossible, is now natural, sufficient and refreshing. At the commencement of the treatment I was not at all sanguine, for I had been for many years skeptical about the claims put forth in behalf of Electricity as a curative agent. But experience teaches. I have learned to regard Electricity, when skilfully and scientifically applied, as an unspeakable boon to such as have known the prostration which attends an overstrained nervous system.

JNO. H. CASTLE.

Toronto, 11th July, 1877.

NATURE'S GREAT TONIC.

For several years past I have suffered considerably from relaxed sore throat, accompanied at times—though not very recently—with total loss of voice. It affords me much pleasure to state that I have never, during this period, been so entirely free from every trace of this troublesome affection, as since I have attended the Toronto Electro-therapeutic Institution. A few treatments only have sufficed to produce this result. My general health is also greatly improved, and I have gained several pounds in weight.

JOSEPH D. KING,
Pastor Baptist Church.

143 Bloor-street East,
Toronto, February 9, 1877.

In reference to the above, I may state that the benefits received by me have proved to be permanent in the fullest sense, and at the present time I am in the enjoyment of excellent health. My confidence in electricity as a therapeutic agent, I need scarcely say, is unabated, and I can heartily commend the Institution on Jarvis-street to the afflicted and suffering.

J. D. KING.

Toronto, November 23rd, 1877.

READ THE FOLLOWING REMARKABLE CASE.

This certifies that for years I have been a terrible sufferer; and as my case was so complicated, I shall not attempt to describe my varied conditions and only state that I used to suffer excruciating pain all the time. I

never remember, for years, having been free from pain, I have taken medicine enough to set up a drug shop, but that only made me worse. I thought I would try Professor Bolles' mode of treatment, and applied for help at the Toronto Electro-Therapeutic Institute, and after taking treatment a short time found to my joy that I was beginning life again. I can do any ordinary womans' work now, and have done all my own gardening this year. It seems a mystery to myself and my friends that I am recovering so quickly. I shall never forget the Toronto Institution, it has done so much for me. I write this so that other ladies suffering, as I have, may know that there is a sure cure at the Electro-Therapeutic Institution, 276 Jarvis St.

MRS. TAGGART,
Cor. Young and Gerrard Sts.,
June 9, 1877. Toronto.

SIGHT AND HEARING.

The effects of impaired sight or hearing are very depressing, and the loss of either organ can be but feebly imagined by any but those who have realized the sad reality. The loss of either sense is felt keenly, because it in a measure cuts us off from the outside world. We do wonders with our method of treatment in restoring both.

Dr. S. Vernoy,

Dear Sir :—I am happy to say that my health continues to be remarkably good since the treatment which I received at the Electro-Theraputic Institute last winter ; Dr. Mills being physician at that time. I have since then had better health than I remember to have had at any former period of my life. The improvement in my sight also continued until a few weeks since, when, by unwisely overtaxing it in study, a slight dimness began to return ; but this has been removed by three or four recent treatments.

I found that these also caused a further improvement in my hearing. This commenced to be apparent much sooner than it did last winter ; seemingly because the treatment is somewhat different, the result, I presume, of your large experience.

I may add that a recent cold, which so affected my voice as to make me apprehensive that I would be wholly unfit for the public services of last Sabbath, was entirely removed by two treatments received during the week.

J. S. EVANS,
Methodist Minister.

Davenport, Nov. 20, 1877.

SEVERE INFLAMMATION OF THE EYES AND GENERAL DEBILITY.

Dear Drs. Trout and Tefft,—Two weeks ago I came to town almost blind with inflammation of the eyes and general weakness. After my third treatment I was able to read, and now I am going home with my eyes as well as ever and feeling like another woman. I cannot help contrasting this attack with a similar one I had about seven years ago. Then I went to the best eye doctors in Toronto, and after being under their care for six months I could not see much, and they told me that they did not think that I would ever again have good sight, but my eyes gradually got better. I shall always feel grateful to the Toronto Electro-Therapeutic Institution. I

never could have believed that Electricity or anything else could have cured my eyes in so short a time.

Gratefully yours,
EMILY A. POWLEY,
Wife of S. P. Powley,
October, 1877. Orillia, Ont.

NEURALGIA.

Neuralgic affections are frequently found difficult or *even* impossible to cure by means of medicine, and yet in the very *same cases*, these affections yield and disappear quickly when brought under the electric current judiciously applied, according to the principles of this new system.

NEURALGIA—RELIEF FIRST TREATMENT.

To Drs. Trout & Tefft,—I have much pleasure in giving my testimony to your rapid and effectual cure of myself of very great pain in the face, head, neck, and shoulders, caused by neuralgia and nervous debility, in the first application gaining so much ease that I slept soundly through the night although I had not had rest for three or four nights before. In the second and third application the pain entirely ceased.

Yours truly, WM. WEST.
"Golden Boot."
198 & 200 Yonge St., Toronto, July, 1877.
December. Mr. West has had no return of the disease.

ELECTRICITY A SPECIFIC FOR NERVOUS DEBILITY.

Toronto, July 6th, 1877.

Dear Drs. Trout & Tefft,—I cannot express my feelings to you for all the kindness I have received since I came to your Institution. I was suffering greatly from nervous debility, I could scarcely walk at all, and now after three weeks treatment at your Institution I feel like another person. I shall never forget your kindness and the way in which my health is restored. I shall be most happy to inform any person of my wonderful cure.

MISS MARY McDONALD, Bradford.
November. Miss McDonald continues well.

CAN ELECTRICITY BE APPLIED IN ALL CASES?

Electricity is not restricted to any particular class of disease, but is alike applicable to all. The medical profession will think us guilty of rash empiricism, nay, even madness, when we say that it can be administered, giving instant relief, in acute inflammatory or febrile conditions as pneumonia, pleurisy, gastritis, inflammatory rheumatism, etc., etc. It cuts short and renders mild an attack of billious, typhoid, or other fevers. Indeed, we have at our command a power with which we can control such cases with almost infallable certainty, *provided we can get access to them within reasonable time.* Electricity has been too much used as a last resource. In many diseases, and those among the most dangerous or distressing, the electric current employed

according to our system is able to reach, control or cure with facility where medicines are but slowly, and in most instances imperfectly successful, or fail altogether. We do not make this assertion invidiously or boastingly, but in the candid utterance of a great and practically demonstrated truth. Chronic cases and others of an asthenic character are often very stubborn under the treatment of medicines, and are commonly the dread of physicians; yet, under scientific treatment by this system of Electricity, they rarely fail to lose their formidable character and to become obedient to this remedial agent. In our practice we habitually cure the various and opposite forms of disease, acute and chronic—hypersthenic and asthenic—by Electricity alone, although we by no means ignore other curative agents, neither medicines, which we use in cases where they are indicated, nor any other measure that we think will benefit our patient.

CHOREA OR ST. VITUS DANCE.

The symptoms of this distressing complaint are, incessant and irregular movements of the muscles in the limbs, walking is difficult, the muscles of the face twitch, and the hands and arms cannot be controlled. This disease can be easily and radically cured by our treatment. Read the following striking case :—

For over two years I had been suffering with this distressing complaint. Life was miserable, as on account of the nature of my trouble I could not enjoy society. My general health was poor, so that work was a drag, besides my movements were so violent and frequent that I was not fit to do anything. It was truly distressing to my friends to see me ; as well as for myself to suffer. I went to physicians and faithfully took their prescriptions, but instead of getting any better gradually got worse. A friend of mine who had been at the Toronto Electrical Institute and been cured of neuralgia, advised me to go there, so I came down with her, took treatment, and in a very few applications I felt better, and now in a few short weeks I go home to my husband and children as well as ever. I earnestly recommend all who suffer from this disease to have this treatment at once.

(Signed) MRS. GORDON,
Clifford, Ont.

August, 1877.

From Mrs. R. Walter, Lot 38, Con. 13, E. Wawanosh :—For four months I was afflicted with congestion of the brain. I employed the best medical skill in Wingham and Goderich, but still grew worse. They pronounced me incurable, and gave me a certificate to have me received into the lunatic asylum ! As a last resort my husband determined to try Electricity, and after receiving nineteen treatments I was entirely cured. I am now well, can enjoy life, and am able to attend to my affairs as usual. I shall be happy to inform any about my wonderful cure who may

choose to call upon me. I write this that others suffering may know where to get relief.

Wingham, Ont. MRS. R. WALTER.

Mrs. Walters was under our care in August, and enjoys good health now, Dec. 12th, 1877.

CONTRACTED MUSCLES AND OSSIFIED JOINT.

I have much pleasure in giving testimony of the benefit which I received from Electrical treatment at the hands of Dr. Vernoy. One of my fingers had received an injury in early life, the muscles were much contracted and the finger very much drawn up. Doctors had told me that the joint was ossified, it was certainly stiff and useless for over THIRTY years, and yet, after receiving treatment at The Institute, it not only became straight but limber, and useful. I might also state that one of my toes was in a similar condition, I had it treated, too, with the same happy result. The cure is a wonderful one to me as I had long despaired of ever being able to use my fingers. I heartily recommend all who are similarly afflicted to try Electricity as they give it at the Electro-Therapeutic Institution.

(Signed,) JAMES ADAMSON.

Toronto, March, 1877.

SWELLINGS REDUCED AND PAINS REMOVED.

Thirty years ago I met with an accident by which my leg was broken below the knee; that leg continued to trouble me, more or less, all the time in some way or other. Three or four years ago the knee began to pain me and the joint became swollen and stiff. I tried a great many remedies but none of them gave me relief for any length of time. When I came to Dr. Vernoy, at The Electro-Therapeutic Institute, I was scarcely able to walk from the stiffness and pain, and now, since I got treatment, the swelling has been removed, my knee is limber, the pain is gone, and the other day I walked *ten miles* and suffered no inconvenience from doing so.

GEORGE EDWARDS,
Glencairn, Ont.

July, 1877.

EPILEPSY.

We cure Epileptic fits of years standing after all the ordinary means have failed. Read the following certificate of CURE :—

It affords me great pleasure to be able to testify that Electricity, applied according to the system of C. H. Bolles, is most effectual in curing epilepsy. I had suffered with it for several years, the fit causing me to fall anywhere I happened to be at the time when it came on. I was losing my memory and general health; but since I received the first treatment by Electricity the fits have not returned. Thanks to a kind Providence for such a science as Electro-Therapeutics.

(Signed) JOHN GRAHAM.

Wentworth-St., Hamilton, Ont., February, 1877.

HIP DISEASE, CONTRACTED LIMBS.

DEAR DRS. TROUT AND TEFFT: As I have been so very much benefited by the treatment received at your Electro-Therapeutic Institute, and hoping that many other suffering ones may be led to try the treatment, and may also

find the same relief, I will give the particulars of my case. When I came to you I had been confined to my bed for six years with hip disease, and suffering very much from my spine, also with very severe headaches, so that often I could not bear any light in my room, or even to turn my head upon my pillow. My whole body was so very sensitive and painful that I could hardly bear to be touched. I was constantly in great pain, sometimes from head to foot, although at times much worse than others. My bad limb was quite drawn up and any attempt to straighten or even move it gave me great pain. It was also very much wasted and had been so almost from the beginning of my illness. I had quite given up all thought of ever being better in this world; but I am thankful to say that I have been so much benefited and all my sufferings so greatly relieved, that I am not like the same person. I am able to get up every day and go from room to room with the help of crutches, I am able also to go out driving and can move about quite comfortably and help myself in many ways. My limb is almost straight. I am gaining in strength and flesh all the time. My recovery has been a wonder to myself and all my friends. Many who see me say they would hardly know me. I shall always feel grateful to you for the kindness and attention I have received while staying in your Institute, and shall be happy to give further information to anyone who may wish it.

Yours truly,

May, 1877. FANNY GRANT.

Inquire 7 Sultan Street, Toronto.

Piles are very troublesome and painful; those that are afflicted will be glad to read the following:

EXTRAORDINARY CURE OF PILES.

After suffering severely with piles for a number of years I was advised to go to the Toronto Electro-therapeutic Institution. But as I had tried all sorts of remedies without the least success I had no faith in it. However, as I was still getting worse, as a last resort I went, and after three applications, I am glad to say, was entirely relieved, and although nine months have since elapsed I have had no further trouble. I will be pleased to explain my former condition and wonderful cure to any person enquiring at 76 Wellington Place, Toronto.

July, 1877.

MOTHERS READ THE FOLLOWING:

Drs. Trout and Tefft: My little boy was afflicted with falling of the bowels or prolapsus of the rectum, as the doctors called it. I mentioned his condition to the physicians at the Therapeutic Institute, and then took him for treatment. I was not only pleased but astonished to find that he was completely relieved of his difficulty in two applications.

MRS. H. LANGLEY,

90 Alexander St., Toronto, Oct, 1877.

FOR ACUTE DISEASES SUCH AS INFLAMMATIONS, CONGESTIONS, FEVERS, &c., &c., ELECTRICITY AS APPLIED BY US ACTS LIKE MAGIC.

Do you hear that poor woman writhing in an agony of pain? There is no soft spot for her on that comfortable bed; there is no sleep for her to-night, nor rest for her friends. They have tried everything; hot fomentations have been applied, the

soothing anodyne draught has been administered, yet the sufferer has obtained no relief. A friend suggests Electricity, and after debating pro and con the Electro-Therapeutic physician is sent for. The pros expect wonders from his lightning skill, while the cons shake their heads wisely and look on with distrust. He excludes all from the room but two faithful attendants, and in a little while the pain begins to abate. The racking tortures that distracted her a few minutes ago are subsiding. She can stand it now, and 'ere long the doctor has the satisfaction of seeing the wearied one drop into restful sleep. This is no fancy sketch; read the following and you have it verified:

INFLAMMATION OF THE LIVER CURED BY ELECTRICITY IN THREE TREATMENTS.

Mrs. Trout, M.D.:

My Dear Mrs. Trout: I fear I might be supposed to be ungrateful to you, and worse than that, to God who gave his blessing with the means employed—if I refused to state the following fact:

During a temporary stay in the city lately, I was suddenly attacked with inflammation of the liver. Under your direction I had electric treatment at once. The second treatment, if I remember aright, was given about four hours after the first, and subdued the terrible pain. This was on Saturday night, December 23. On the following Wednesday, (27th), I was well enough to come home. I have had no return of the disorder and am quite as well as usual.

Having had an illness last year which began in the same way, and from which it was thought I recovered wonderfully well, I feel there is a marked difference. Then, you employed medicines which, though effectual, were much slower in bringing about the desired end: I was not able to be out of bed for a fortnight, and not in my usual health for more than two months.

With grateful thanks for your skill and gentle kindness, believe me,

Yours sincerely,

M. H. CHRISTIE.

Yorkville, January 6, 1877.

WONDERFUL CURE OF ACUTE INFLAMMATION BY ELECTRICITY AT THE TORONTO THERAPEUTIC INSTITUTION.

While in Toronto with my daughter Isabel she wes seized with inflammation of the lungs. I placed her under the care of the physicians at the Electro-Therapeutic Institute, 276 Jarvis Street, who treated her with Electricity. She was greatly relieved the very first treatment. A few treatments entirely subdued and removed the disease.

MRS. HARRIET BARBER.

Georgetown, Ont,, January 13, 1877.

FEVER AND AGUE.

Electricity is always a sure cure in all cases of Ague and Fever as also all other fevers and acute attacks.

Drs. Trout and Tefft: This is to certify that my daughter Alice, who has been suffering from Ague for the greater part of the summer was relieved by one treatment, at the Toronto Electro-Therapeutic Institution, so that she

had no more chills. The treatment was continued for one week to build up the general health which had become very much deteriorated. She is well, and has enjoyed excellent health all the rest of the summer and fall.

MRS. F. H. MICKLEBURGH,
105 Bloor St. West, Toronto, Ont.

December, 1876.

CHILLS AND FEVER.

Dr. Vernoy: When I came to the Therapeutic Institute I was suffering very badly from chills and fever. They came on every day and I was running down very fast. I had been doctoring faithfully, but for all the chills would return. I am glad to state that your treatment cured me, I have had no symptoms of a chill since and am well.

JAMES HOOSACK.
At Taggart's Bakery, corner Yonge and Gerrard.

November, 1877.

DYSPEPSIA.

We all aim at happiness and success. In order to attain either, *fair digestion is an absolute necessity.* No one suffering from the miseries of Indigestion or Dyspepsia can hope to thoroughly enjoy either. The Rev. Sydney Smith shrewdly remarked "that half the unhappiness of the world proceeds from little stoppages, from a duct stopped up, from food pressing in the wrong place, from a vexed duodenum, or an agitated pylorus. Unpleasant feelings of the body produce corresponding sensations in the mind, and a great scene of wretchedness is sketched out by a morsel of indigestible and misguided food. Of such infinite consequence to happiness is it to study the body." A man suffering from dyspepsia is out of balance; mentally and physically it unfits him for the enjoyments of life by the many and varied sufferings it entails; and it also destroys, in a measure, his business capacity. No old dyspeptic can take with him to his business or professional pursuits the clear brain, unruffled temper, or steady hand that the man with vigorous digestive powers can.

Take a man suffering from dyspepsia: The stomach and other digestive organs do not get their proper supply of nerve force to perform the function of digestion; hence the food he eats instead of nourishing him is but a trouble, giving him pain, annoyance and discomfort.

This state of things may be brought about by too great draughts upon the brain, as by overwork, disappointment, etc., etc. The stomach is a much abused organ. Oft times dose after dose is swallowed of one deleterious medicine after another,

for months or years until the delicate mucous membrane of the stomach is ruined and dyspepsia is added to the other ailments. The stomach, too, is given work to do when the whole system is exhausted, tired out. Persons very often at such times do not eat to satisfy hunger or thirst, but to gratify the appetite, to satisfy the sense of taste, or simply from habit. Is it any wonder that our country is filled with dyspeptics?

In our new, safe, reliable and pleasant method of treatment we build up the exhausted energies, we restore harmony to *all* the organs, so that they in a little while (time depending upon the extent of the disease) are enabled to perform their functions healthily and well.

All dyspetics treated by us can testify that in some way or other they regained their appetite, their disagreeable sensations disappeared, the wheels of life ran more smoothly, and persons and things underwent a pleasant and happy change. How all this was done they did not know, nor yet is it our province to state here. We ask a careful reading of the following certificates, from every one suffering from *any* digestive trouble:

On account of various diseased conditions of the digestive organs we present a number of certificates.

GALL STONES—LIVER TROUBLE.

Dr. Vernoy—Dear Sir:—I have been suffering for nearly a year with my liver, every little while I passed gall stones, when I would suffer excruciating pain. During this time I was under the care of three well known physicians of this city, and although I took their medicine faithfully and carried out their instructions, yet withal I did not improve, but gradualiy got worse. They intimated to my wife that I might "drop off" in any of those terrible attacks. About this time a journal was left at my store telling about cures, that had been performed by Electricity at the Institution on Jarvis St. I told my wife about it, but she was afraid to have me go there for fear it might kill me; but as I had got no benefit from the other doctors I determined to give it a trial. I felt better after the first treatment. Three days after I passed a gall stone, and I suffered neither the amount of pain nor prostration after it that I used to; the attacks not lasting as long—only half an hour. Previous to taking treatment I was afraid either to eat or drink, now I can eat anything, have even eaten raw radishes and onions, things that I had not been able to eat for years before, and I suffer no ill effect from them. I eat well, sleep soundly, my bowels have become regular, my skin instead of being like saffron is now a natural color. I have gained two pounds and a half each week for two weeks; I suffer no pain now, and all this has been brought about without me having to take *one dose of medicine.*

I make this statement of my own free will for the benefit of my fellow sufferers, and shall feel pleased to give any further information to any one who may call upon me. I may further state that I am well pleased with the

treatment; it gives strength and power, causing a free circulation of the blood, and is neither dangerous, unpleasant nor painful as many suppose.

Wishing you every success, I beg respectfully to remain,

Yours truly,

GEORGE ALDRIDGE.

612½ Yonge St., Toronto.

P.S.—During my whole life I never derived so much benefit from anything as I have from this treatment.

DERANGED LIVER.

It is with pleasure I give my testimony in favor of your new and successful mode of treatment with electricity. For nearly two years I was afflicted with derangement of the liver and Dyspepsia with all its attendant evils. I employed the best medical skill at my command, but could get no permanent relief, and gradually grew worse until I was entirely unfit for business. I had about concluded that there was no help for me, when my attention was called to the Toronto Electro-Therapeutic Institute. I felt that it was my only hope, and immediately embraced it, and now after four weeks' treatment I am rejoicing in perfect health. All unpleasant symptoms have left me. My appetite is good, I rest well at night, and feel my health and strength fully restored. Thanks to Electricity skillfully applied.

J. F. MARSH.

Des Moines, Iowa, Sept. 15, 1877.

We are daily curing those suffering from the effect of sedentary employment.

DYSPEPSIA AND GENERAL DEBILITY.

When I came to Dr. Trout I had reached that point in health where something had to be done or I would have to give up work for a while and go off for a rest. It was not convenient for me to do the latter and as I had witnessed the wonderful curative powers of Electricity in a friend who had taken treatment, I was not long in deciding, and was soon paying regular visits to the Institute. A very few treatments however made a decided improvement in my condition. My appetite, which had been very poor, rapidly improved ; so that I no longer required tempting dainties but could relish plain nutritious food. I kept on at work and gained in strength and weight every day.

I cheerfully recommend all who are suffering from continuous application to work and sedentary employment to go for relief and cure to the institute on Jarvis St. (Signed) ROBERT GREEN,

Toronto, June 1877. 95 Gerrard St. East.

EXPRESSION FROM THE GREAT PHRENOLOGIST.

CHRONIC DYSPEPSIA.

It is a pleasure to me to state that I was a student of Prof. C. H. Bolles with a number of medical men and scientific investigators in the city of Buffalo, New York, in the winter of 1858; *at this time I was treated for chronic dyspepsia and cured.* The topics of lectures of the Professor on his new discovery and truly scientific system of Electro-Therapeutics were clearly and logically discussed in their electrical relations to health and disease, and

were made novel and scientific, as well as pleasing to me and other members of the class. As I am familiar with the various systems of English, French, German and American Electricians, I can speak positively in relation to his system as to its originality. I state here, therefore, that his system of Electro Therapeutics is not only new and scientific, but is original with *him*, and I have always considered it not only a duty, but a great pleasure to speak of him and his important system of Electro-Therapeutics in my public lectures, for his system is well represented by his students in the numerous cities where I lecture. I have for many years tested his system of using the various modifications of electricity on myself, my family, and friends, in various diseased conditions, and find it reliable.

PROF. O. S. FOWLER, Phrenologist.

Rossin House, Toronto, Nov.. 1876.

CONSTIPATION.

which has been called the father of disease, will in almost every case succumb to the healthful and alterative power of our treatment.

When the appetite fails, and we are weak and discouraged, the best thing to restore us quickly is Electricity scientifically applied.

I cheerfully make known to others the benefit I have derived from Electricity, so that they too may feel encouraged and know where to come for relief. All this Spring I felt weak and miserable, had no appetite for my food, tried to get well by resting and taking the usual remedies which are given, namely, tonics, without getting any better. While in this condition a friend strongly advised me to go to the Institution on Jarvis-street. I did so, and ere the week was past I felt so well that I did not think I needed any further help. Dr. Trout, however, thought I had better take a few more treatments to establish my health, which I did. I am able to attend to my duties, and feel well and strong, and that, too, without taking one dose of medicine, which I so much dislike.

MRS. BOYCE,

July, 1877. 50 Caer Howell-street, Toronto.

FIFTEEN POUNDS WEIGHT GAINED IN THIRTY DAYS, AFTER HAVING BEEN GIVEN UP BY HIS OLD DOCTORS.

Dr. S. Vernoy, Dear Sir: For the benefit of others I would state that for a long time I have been troubled with a very badly diseased liver and imperfect circulation of the blood, also consumption of the bowels, suffering severe pain most all of the time, so much so that I could not sit up straight without severe pain. My physicians said they could do no more for me; they did not seem to understand my case. I had lost very much in flesh and had become so debilitated that I could hardly manage to keep about. After hearing of the cures made at the Electro-Therapeutic Institution I determined to put myself under treatment, and was surprised to find that in one week my health was very much improved, and in just thirty days I had gained fifteen pounds of flesh, my strength increasing in proportion, and continuing to improve. I can heartily recommend this mode of treatment to others who have been suffering like myself.

WILLIAM GUTHRIE.

Toronto, Nov., 1877. Ringwood, Ont.

LIVER, STOMACH AND NERVOUS DEBILITY.

DR. VERNOY, DEAR SIR: view of the fact that I have derived so much benefit from your treatment, I wish to make my case known to the public. I have been suffering for more than two years from a diseased liver and stomach, bad circulation of the blood and nervous debility, causing aches and pains throughout my system, which disabled me from attending to business and made life a burden. I had spent much time and money under the ordinary medical treatment without deriving any benefit, until I had become discouraged, fearing I should never be well again. I heard of your Institute, went to Toronto and took your treatment; and now after a few weeks' treatment I feel like another man. I am feeling better every day. I most heartily recommend Dr. Vernoy and his treatment to all sufferers.

ALECK K. CAMPBELL.

Orillia, Nov., 1877.

NERVOUS DEBILITY.

Of all the diseases that cause human suffering there is none more prevalent than that which may properly be called *Nervous Debility*. There are but few persons who do not suffer from this disease. The causes are varied and numerous—a brain continually harassed by business or trouble of any kind, too close application to professional or business pursuits, *a diseased condition of any organ* of the body will induce Nervous Debility. The indulgence in liquors or dissipation of any kind will surely lead to the same condition.

There are thousands of young men, middle-aged and old, who suffer from nervous and physical weakness.

There are also thousands of women broken down in health and spirits from disorders peculiar to their sex, and who from false modesty or neglect prolong their sufferings.

Why not check this tidal wave of destruction when so *safe*, *pleasant* and *reliable* a remedy is at hand. Electricity properly applied is a remedy of indisputable efficacy. Science and common sense alike recommend it.

It will effect a cure when drugs will not; we offer the most convincing testimony to substantiate our assertions—that of those who have been afflicted with some of the many complaints connected with general debility, and who have been restored to health when all other remedies have failed.

LADIES' DEPARTMENT.

No organs of the human system are more liable to derangement than those situated in the pelvic basin. Our Electrical system is especially adapted to such. It soothes and strengthens the nervous system, enriches the blood, contracts the muscular fibre and imparts a healthy tone to the relaxed organism. We ask the ladies to give the following article a careful, patient reading, with candid and unbiased consideration.

ARE DISEASES OF WOMEN PREVENTIBLE, AND WHEN EXISTING CURABLE?

That delicate, sickly women are the rule, and the healthy maid or matron the exception, all are too well aware. The fact that more than one-half the women of the present day are afflicted with some form of disease peculiar to the sex, is somewhat startling, especially when we consider it with regard to the mothers of our country, as through them it involves the well-being of the whole race.

Our loving All-wise Father never designed that woman should enjoy less health or happiness than man—never designed that her life, in consequence of her peculiar organization, should be one of suffering, or even the office of maternity such that under its draughts upon her system, she must pine and languish like a smitten reed. No. There is nothing inherent in woman's constitution to cause the physical misery so common among them. Most of the evils under which the maids, wives and mothers of the age labor are preventible. Very many of them originate either in ignorance or imprudence. This assertion is true in at least two-thirds of all the cases. How many of those that come under our observation are due to careless exposure to cold, damp, or over-fatigue during the monthly period, or to taking insufficient care of themselves, or doing something imprudent after confinement! By careful management at such times very much could be done towards averting disease.

That the method of dressing at the present day has a decided tendency to produce womb troubles, no one who has given it a thought will deny. The wearing of corsets, the heavy, long, trailing skirt, supported on the abdomen and hips, instead of the shoulders, which is the proper place for burdens—the too thinly clad lower extremities—all have a tendency to produce and continue disease.

No one complaint contributes so largely to female suffering as Prolapsus Uteri, or Falling of the Womb. The womb being the grand nucleus of womanhood, sympathizing with every part of the body, communicating with the brain through the medium of the spine, and sympathetic—when diseased or displaced must necessarily produce those terrible sufferings of body and mind only known to woman. If this complaint results from weakness, or relaxation, no permanent relief can be obtained till the vital energies are restored and muscular contraction fully established. If from a congested, hardened, enlarged uterus, the organ must be changed to its normal condition, after which it will, as a consequence, return to its natural position.

Leucorrhœa.—The same causes that produce falling of the womb also tend to excite leucorrhœa; yet it sometimes exists without the slightest affection of the womb. The tendency of this complaint is to produce weakness and relaxation of these organs, physical debility and general depression of spirits. It keeps up a constant drain upon the system, and saps the very citadel of health and vitality. This scourge is by no means restricted to married life, young girls are sometimes its victims.

The effect of Electricity in this complaint is most surprising. The affected parts, being accessible to its immediate influence, are vitalized; and, in mild cases, not unfrequently, a single application will remove the difficulty. Even in obstinate and long standing cases, a thorough course of Electrical treatment will almost invariably relieve the sufferer, and that, too, effectually.

The ordinary treatment of this disease is most barbarous. No pessary, truss, or supporting arrangement ever has or ever can restore the lost energies or remove the cause of the difficulty. For these diseases Electricity is peculiarly adapted, affording, in the most aggravated cases, relief, and, if properly continued, a permanent cure. In this treatment there is no indelicate exposure, no pain or inconvenience, the electrical power being graduated in every instance, according to the nervous susceptibility of the patient.

Supressed Menses.—Nothing in the realms of nature ever discovered can at all compare with Electricity, as an excitant of catamenial or menstrual discharge. A single application not unfrequently removes obstructions of several months. Even where suppression has existed for years, we have, in most instances, been successful in re-establishing the regular menstrual periods. In Chlorosis, or Green Sickness, a proper course of electrical

treatment will restore the health and re-establish the catamenial discharge.

Excessive Flooding or Irregularity of the Menses.—These conditions arise from a plethoric or debilitated condition of the genital organs sympathizing with the system generally. Electricity can be so directed as to arrest the flux, and, in cases of irregularities, establish uniform periods. The cold, clammy surface and extremities, nervous irritation and debility of the body and mind, so common to female complaints, under electrical manipulation speedily pass away, and the system becomes strengthened and invigorated.

Inflammation and Congestion of the womb are very painful diseases, yet yield readily to Electro-Therapeutic treatment. Ulceration of this organ is a dread to every woman on account of the treatment adopted by the old practice; but by our method that dread is removed, as the gentle healing current will heal the painful irritating ulcer—that, too, without a single painful or indelicate operation. By the treatment we give the muscular system is strengthened, the debilitated nervous system quieted, the weakened digestive organs toned up to healthy action and all restored to normal conditions.

We are daily curing ladies afflicted with the various diseases peculiar to the sex. Delicacy forbids publishing names. Any one calling at our office can be directed to those who have derived benefit or been cured by us, and are willing to be used as references.

In any case where medical or surgical treatment is necessary, properly qualified physicians are in attendance to administer it.

CONSUMPTION.

One of the most dreadful and fatal diseases that prevail in our country is Pulmonary Consumption. What is it? how does it so surely, though perhaps slowly, remove the plumpness from the form, the vigor from the constitution, and the firmness from the step?

Prof. Tyndall, F. R. S., has demonstrated by his researches and investigations the grand scientific fact, that all matter is made up of molecules, and that two forces are continually at work balancing and unbalancing them, these forces being purely electrical. The same forces are mentioned by Baron Leibig the great German chemist, in his profound work on chemistry, as the vegetative and the nervous.

In adult man when these two forces are equally balanced,

he enjoys perfect health, all the functions of the body work harmoniously and healthily. Disease is but the unbalancing of these forces.

Between the ages of eighteen and thirty-five years, the nervous forces often overpower the vegetative. The nervous system by this time has become fully developed; the nerve force is in the ascendancy. Then it is that tubercular consumption does its dreadful work, laying low its victims.

The over-stimulated lymphatics wrest the constructive material from the nutritive arteries—those tiny builders of the human frame—and carry it beyond their reach; the body thus wastes for lack of nourishment. The blood becomes thin and watery. The lungs abstract principally from the serous portion of the blood, albuminous tumors or tubercles. The disease is established—that person has consumption. In order to effect a cure an electrical change must be brought about. The two forces in the system which control those little molecules of which we are made up, must be balanced.

Electricity is the best agent to accomplish this desired end. It has done it time and again when applied according to our system. In fact it never fails in the first, and *early* part of the second, stage of this justly-dreaded because fatal disease. It quiets nervous excitement, the pulse improves, the breathing becomes more regular, and thus the too rapid oxygenation of the blood is prevented. It improves digestion and assimilation. It regulates the action of the skin, kidneys, liver and bowels. It purifies the blood by enabling the excretories to remove the morbid materials from the system. Scrofulous poison and foreign matter are eliminated. And yet this most powerful agent, in unskilled hands would prove one of the most certain agents to hurry a consumptive to his grave. *And let it be noted that the required skill cannot be obtained in the course of an ordinary medical education.*

Three-fourths of our consumptives die between the ages of eighteen and thirty-five, and we are fully convinced that if our method of treatment was understood and given in time, at least one half that now perish might be saved to long lives of health and usefulness.

Read the following certificates—their authors will give further information:

Dr. Vernoy, Dear Sir: I wish to state for the benefit of those suffering and seeking relief that I have been a sufferer for nearly four years, and during that time sought relief from physicians and various remedies, but, in spite of them all, was sinking fast under Dyspepsia and Pulmonary Consumption. I was skeptical about electricity as a curative, but determined to

try it as a last resort. I in a little while began to improve, to feel better and stronger. My improvement is continuing and I have strong hopes of permanently regaining my health. I am now able to resume lifes duties, which my debility and failing health would not permit.

(Signed), WALTER AMOS,
Missionary Canada Presbyterian Church,

September, 1877.

WONDERFUL CURE.

To Drs. Trout and Tefft: This is to certify that my daughter has been suffering for three years. The last year she has been a great deal worse. She suffered from a cough, raised matter, had a pain in her side, her stomach was very much out of order, her spine was affected, the last six months dropsy had set in. In fact her whole system had *run down*. I had tried several Doctors but nothing did her any good. I took her to Toronto in the early part of the fall and left her in the Electro-Therapeutic Institute for some weeks, and now she is quite a different girl. A wonderful cure has been wrought in her. I am glad to make this statement for the benefit of others, and will give more particulars if necessary.

(Signed), JOHN SHOLTZ,
128 Patrick Street,
Nov. 28, 1877. Stratford, Ont.

CONSUMPTION, &c.

Dear Drs. Trout and Tefft.—I make the following statement of facts for the benefit of those who have suffered for many years from pulmonary affections without being benefited by the combined skill of drug doctors. I had been a great sufferer for many years from lung affections and was treated by the most eminent medical men in this city without any apparent benefit. Physicians in this city, eminent in their profession, told me that I had a cavity in my left lung. On this announcement I was led to try treatment of Electricity at the Electro-Therapeutic Institution of 276 Jarvis Street, and I here state for the benefit of suffering humanity, that after a few weeks' treatment of Electricity, I was permanently cured. My sudden cure will always seem a mystery of mysteries to me, but all seemed simple and certain to the operator. I was frankly told that my lungs would be made perfectly sound, and so I found it: my painful cough soon left me, I ceased to expectorate, and thanks to Electricity and its scientific application, I am well and happy once more with my dear family.

MRS. JOHN STRACHAN,
Aug. 14, 1876. 33 Gloucester St., Toronto.

Has not a symptom of lung difficulty now, Nov., 1877.

I have pleasure in stating, for the good of humanity, that although given up by my physicians to die by consumption; and, inheriting a weak constitution, I came from Almonte, Ont., to Toronto, and after taking treatment at the Electro-Therapeutic Institution, Jarvis Street, I have since been steadily improving in health and gaining in strength. My cough has left me; I have ceased to expectorate, and have gained in weight seventeen pounds.

FLORENCE J. SCOTT,
46 Wood St., Toronto, or Almonte, Ont.

December, 1876.

Miss Scott enjoys excellent health, November, 1877.

Last fall when I came to town I was suffering with a constant pain in my side and chest. I was troubled with a bad cough, and felt weak, miserable, and unable to do my work. My friends were alarmed, fearing I was going into consumption. I went under your treatment for several weeks. The pain, cough, and weakness gradually left me. I am at present, and have been all the latter part of the winter and spring, feeling quite well and strong. I have gained considerable in weight. I feel thankful for the care and benefit I have received at your Institution: for I know if my disease had gone on I would ere this time have been past all help.

A. T. BURTON,

Toronto, July, 1877. 272 Jarvis Street, Toronto.

Has continued gaining in health and strength.

SPINAL DISEASES.

What tortures poor patients have experienced when suffering from the various forms of spinal disease, from the treatment to which they were subjected. Holes burned in the quivering flesh by moxa, the whole back blistered, and even the actual cautery, by red-hot iron—all these have been either separately endured by different victims, or successively by the same one, leaving them with a terribly shattered nervous system, and the whole body in a debilitated condition. Our treatment *cures* without even an unpleasant sensation; we build up the enfeebled body, we strengthen the taxed nerves.

☞ Electricity will cure all spinal and other curvatures consequent on contracted and relaxed muscular conditions.

SPINAL CURVATURE.

After suffering with weakness for over seven years, and though under the care of several physicians, I derived no benefit but became worse. I heard of the Toronto Electro-Therapeutic Institution, and determined to give it a trial. Now, after treatment, I have pleasure in stating that the curvature in my spine has been entirely cured, and my other weaknesses have disappeared, and I am able to attend to business and household duties from morning till night.

MRS. M. E. McCULLOCH.

August, 1876. 46 Wood St., Toronto.

Continues well, December, 1877.

SPINAL CURVATURE.

This is to certify that my daughter, May Aldwell, had suffered for some time from a severe spinal curvature, which caused a complete bending outward in the form of a bow, from the neck to the end of the spine, from which she obtained no relief until I put her under treatment at the Toronto Electro-Therapeutic Institution. In a comparatively short time her spine was straightened, and to-day it is as well as ever.

SARAH LOUISA ALDWELL,

Dec., 1876. 20 Avenue Road Yorkville.

SCIATICA.

This disease is seated in the large nerve, which commences

at the lower part of the spine, and runs the entire length of the lower limbs, ending in the feet. The pain, which is usually violent, extends down the thigh to the bend of the knee, then down to the ankle, heel and foot. During the paroxysms the cutting and tearing pains are excruciating, as they dart up and down the leg with lightning speed. To combat this disease many things have been tried, but generally fail to cure it. Our electrical treatment can be relied upon in all cases, acute or chronic. It gives immediate relief which is followed often by a permanent cure.

This is to certify that I have, for several years, been afflicted with a sciatic lameness or partial paralysis in the hip, rendering me almost useless for any kind of work. I applied to several doctors and used remedies past number, but I gradually grew worse. Hearing of the Toronto Electro-Therapeutic Institution, I placed myself under Electrical treatment. I have now to state that my general health, which before was quite poor, has been wonderfully restored, and a cure effected, so that I can get round without difficulty.

WM. COLLINS,

Toronto 11th Oct., 1876. 72 Agnes St.

CANCER.

Is a disease justly feared by both sexes and by all classes of the community.

There are two kinds, the hard or scirrhus and the soft or encephaloid. The former is known by its hardness, by its lacerating or darting pain, by the peculiar wan complexion that generally accompanies this complaint. The Encephaloid or soft cancer is a disease which begins as a rounded soft elastic tumor. It has not the severe darting pain of the Scirrhus; the pain in this case is of a more throbbing nature, and the tumor grows more rapidly. Cancer is considered by physicians as incurable, especially the hard or Scirrhus. We offer to sufferers from this terrible disease a *sure cure* provided they come to us in its *early stages*. Even in the latter stages we can *retard* its progress, reduce the fetid discharge from time to time, and allay the fearful lacerating pain.

By our peculiar process *no pain is given*—plasters, blisters, cutting, ligatures, etc., etc., are entirely avoided, and by the natural processes of nature is made to pass quietly away.

Indolent swellings and scrofulous enlargement of the glands of the neck are dissipated by the same agency.

In this disease, as in all others treated by us, we give the best medical aid in addition to our Electro-therapeutic treatment.

FISTULA

Is a long narrow channel which has been left unhealed after

the formation of an abcess. Fistula in Ano and Fistula in Perineo are of this kind. They are curable by Electrical treatment.

CATARRH.

This is a disease that is very prevalent, and one which baffles the ordinary treatment. It is a disease of the air passages of a most disagreeable character, producing headache, pains over the eyes, sore throat, offensive and acrid discharges, etc. Leading, as it does, to Bronchial affections and consumption, it should not be neglected. This disease though but local in its incipient stage, will, if unchecked, cause general derangement. The numerous local and constitutional remedies that are advertised as constitutional specifics simply palliate, but rarely cure. Our experience in the treatment of catarrh warrants the assertion that by the intelligent use of Electro-Galvanism, a majority of persons thus affected can be permanently cured or greatly benefited.

Toronto, May 10th, 1877.

Dr. Vernoy,

Dear Sir,—I take pleasure in certifying to the great benefit I have derived from a course of treatment in the Toronto Electro-Therapeutic Institute. I have been troubled with constipation, general weakness and catarrh. I am surprised at the improvement and relief I experienced in this short time.

Yours gratefully,

JOHN D. McLELLAN,
Manitoba.

KIDNEY, BLADDER AND URINARY TROUBLES.

Many persons in the advance of life suffer from troubles neither painful nor dangerous, yet so annoying as to deprive them of all comfort. Among these are a weakness of the back, affections of the kidneys, and paralysis or irritation of the bladder, producing an almost constant desire to void their urine. This not only subjects them to great inconvenience during the day, but deprives them of that rest at night which is so essential to the health and comfort of the aged and infirm. These troubles mostly arise from relaxation and debility, for the relief of which electricity is eminently adapted. By its direct application the affected organs are reached, vitalized and strengthened, the troubles arrested, and, wherever there is a basis for reaction, the functions can be restored to their normal health. For the relief of the retention of the urine, electricity is equally beneficial.

Dr. Vernoy : Dear Sir,—I wish to make a brief statement of my case and tell what electricity has done for me. I am *seventy-six* years of age, have doctored for some time with eminent physicians, used mineral waters, and, I may safely say, swallowed gallons of medicines for rheumatism and non-retention of urine. I also tried magnetic healers. I was at last induced to try electricity, and since taking treatment from you I am so wonderfully improved that my friends frequently remark, "How young you look; how supple you are," &c. My urinary organs are in a natural condition, my circulation is good, my rheumatic pains comparatively nothing, my skin formerly hard and wrinkled now appears youthlike and fresh; indeed I feel better every way.

184 Parliament St., Toronto, Dec., 1877. Thomas Fenney.

I wish to state for the good of others who like myself was given up to die, suffered everything and longed for a speedy cure. After suffering through a long winter and getting worse from month to month, under the medical treatment, I was finally induced to try Electricity as a last resort. I went to the Toronto Electro-Therapeutic Institute and was told by Dr. Vernoy after an electrical diagnosis that my disease was entirely different from that which I had been taking so much medicine for, he told me at the same time that it would not take long to cure me. I could hardly believe the good news as I was at the time so ill that it was with difficulty I could get from my waggon into the Institute, yet in three applications of the Electrical currents I was so radically changed in feeling and in appearance that I could hardly realize I was the same person that I was only a few days before.

My chief trouble was a diseased liver. I had also nervous debility and rheumatic neuralgia. I improved so quickly under treatment that in a few weeks I was able to begin work a well man. I was also cured of a bad cough and of serious urinary disease of thirty years standing.

I look upon my cure as little less than a miracle. My aches and pains are all gone and I feel like a new man. Any one wishing to refer to me about this treatment are at liberty to do so at any time.

(Signed) JOSEPH EMERSON,
M. E. local preacher,
June 26th. Bloor-st. near Brocton.

RHEUMATISM.

There is no disguising the fact that the strongest opposers to the general introduction of electricity as a remedial agent are ready to acknowledge its intrinsic value in *rheumatism*. In nearly every phase of this complaint it is of the greatest remedial value. In its acute form, it gives almost instant relief. In chronic cases, where the joints are swelled, inflamed and painful, and the muscles rigid and contracted, the primary action of the battery will release the fetters and give freedom again to the crippled parts. This disease, though among the first for which electricity was employed, is in some of its phases difficult to remove. It is only by the proper application of electricity, guided by an accurate diagnosis, that reliable results in the more complicated cases can be attained. Many sufferers have been made

worse from the ignorant use of this agent, thus showing the importance of a correct knowledge on the part of the operator.

Moreover, when the rheumatic trouble is properly subdued by electricity, the ordinary tendency of a recurrence is obviated —the contraction and stiffness being removed.

INFLAMMATORY RHEUMATISM.

Prof. C. H. Bolles:

DEAR SIR:—As you request a statement of my sufferings up to the time of commencing treatment in the Toronto Electro-Therapeutic Institution, I state I took a desperate cold on the 22nd of February, 1876; after which chills commenced on the back and shoulders, and continued for a week, then was taken with a violent pain in my right hip, then in my groin; after that the pain moved to my left knee, then moved to my right thigh and ankle, then moved to left knee and ankle, with violent pain in both knees and ankles lasting to the 15th March; then it commenced in my arms, elbows and both wrists, and pain still continuing in my legs and ankles. I was treated all the time by fomenting the parts with hot water and turpentine for hours. After this I was steamed over vinegar. My physician gave me powders to make me sleep. My mouth was so thickly coated and dry that I had no sense of taste, and my tongue was like hard leather. I was confined to my room from February 22 to Easter Sunday, was not able to walk from weakness of knees and ankles. All this time the bottoms of my feet were very sore, and a prickly feeling in them, and as tired as though I had walked ten, twelve or fifteen miles when in good health. This tired weakness kept in them all summer. All liniments and medicine proved of no possible benefit, but on the contrary I lost forty-five pounds of flesh in the time. I had a second attack on the 20th November, 1876, of some new pains, worse than before being between my shoulders, with coldness down my back like cold water running over me. The drugs I took made me so stiff in my joints that I could hardly walk with some one to help me. The medicine I took brought a rash out all over my body, which the doctors said was owing to my blood being out of order. I had constant night-sweats and clammy surface. My doctors said that they had done all that could be done, and I could not get better until warm weather came on. My limbs, ankles and knees were swollen, and one knee was stiff and seemed hard; had constant pains in every part of my body; my feet and hands were constantly covered with a clammy sweat. I could not bend my knees without using my hands, and at that found it difficult. And when I came to your Institution I could not walk alone, and it was with great difficulty that I could be dressed even with help, so stiff and sore were my limbs and body. The first treatment at your Institution greatly relieved my pains and stiffness of joints, and I after the second treatment walked alone without any help, and the third treatment I was still better and continued gaining rapidly until the fifth treatment, and that seems to have nearly cured me. I can hardly realize that after being so long confined to my room and crippled in my body and limbs, that I am now able to walk so freely.

I shall be most happy to communicate to any sufferer as I was for so long a time, and would advise all sufferers to seek relief from any disease which the Toronto Institution claims to cure.

Truly yours,

Orillia, January 24, 1877. J. W. MINTHORN.

Has steadily improved, December.

Two or three weeks since, I had a severe attack of Acute Rheumatism in my left arm and shoulder. I suffered very acute pain, was obliged to carry my arm in a sling, and could sleep but very little. I applied to the Electro-Therapeutic Institution, Toronto, for treatment after having tried the various "sure remedies" to no effect, and now, having a few applications of electricity, I am happy to say I am able to use my arm with ease, am free from pain, and sleep very comfortably. It seems surprising to me that I am cured in so short time.

H. J. ORR.

Georgetown, Nov. 20th, 1876.

PARALYSIS

Is a disease in which there is a total or partial loss of the power of motion or sensation, or both. There are various kinds of paralysis. If a person loses the power of motion in any part of the body it is called motor paralysis; if he loses the power of feeling, sensory paralysis; then again it is called by a different name according to the extent of the affection. This disease has many causes. It may be due to apoplexy, tumours pressing upon a nerve, softening or hardening of the brain, affections of the kidney, uterus, or stomach, or to poisoning by lead, mercury, or syphilis, or it may be due to various diseased conditions of the spinal cord; or to the effects of diphtheria, hysteria, or rheumatism, &c., &c. In cases due to the disorganization of the brain itself, if it is involved to any great extent, there is little or no hope of recovery. But in lesser lesions of the brain, and in paralysis, from other causes, provided there is not too much rigidity of the muscles themselves, no remedy is so promptly effectual as the application of Electricity and galvanism. The *earlier* in the stage of the disease the applications are made the more speedy and certain the relief. The records of medical science abundantly testify to its curative effects, as there is scarcely to be found a work on the practice of medicine which does not recommend Electricity as the *best* of all the means employed in the treatment of paralysis or palsies of all kinds.

Palsy, Hemiplegia, Paraplegia, and all diseases affecting the motion and sensation are under the control of electricity.

This is to certify that I suffered from complete paralysis of one side of the face. Dr. Tefft applied electricity to it, and I am happy to be able to state that before long I was enabled to move the muscles, and soon the natural expression returned.

MAGGIE JOHNSTON,
272 Jarvis Street.

Toronto, June, 1876.

Miss Johnson continues well, Nov. 1877.

To the Public:

This certifies that I was a confirmed invalid for many years, and as my difficulties were so complicated I will not attempt to define their varied condition. and only state that my general nervous system was so prostrated that I could not use my lower limbs except with great difficulty, and then was liable to fall. Medical men said I had paraplegia. The whole cerebro spinal axis seemed paralyzed, and all effort to obtain the least help proved unavailing until I applied to the new Electro-Therapeutic Institution, located at 276 Jarvis Street. I was treated by a student of Prof. C. H. Bolles, and cured, and believe that no other mode of treatment would have cured me, for I had tried faithfully for a long time. My perfect cure will always look a mystery to me, as it was accomplished so quickly.

I will be happy to give a statement of my case to any one who will address me at my home.

MARY T. GELDARD,
Toronto, July 4th, 1876. North Greece, N.Y.

See testimonial from Rev. Mr. Munroe on page 4.

DIABETES.

This disease, although incurable by medicine, is amenable to electricity. In its incipiency but a slight change of the electrical polarities of the body is necessary to arrest its advance and neutralize its effects. Even in the advanced stage we have succeeded, in many instances, in changing the saccharine constitution of the urine, and in restoring the debilitated and emaciated body to its former healthfulness. For these and other kindred troubles we can insure the afflicted speedy relief, and, in most cases, a permanent cure.

SPRAINS.

It is notorious that the consequences of severe sprains of muscles or tendons often abide very many months, in spite of the faithful use of lotions, liniments, and douches or streams of cold water poured from a height upon the lamed part. Proper electrical treatment is always sufficient to entirely cure such cases in the course of a very few days, when the affected joint is at the same time kept at rest. Sprains always prove painful and troublesome, and when wrongly cared for or neglected seldom can be thoroughly cured. See the following:

134 Seaton Street, 26th Oct., 1877.

Dear Dr. Tefft,—While skating last December I sprained my foot. I tried several cures, but could not do anything with it but rest; if I used it in any way I was laid up. All summer I suffered; sometimes I could walk a little, but my foot never seemed to gain strength. My general health was suffering from want of exercise; I was getting worse every day. Reading one of your journals, I was induced to try electricity. The first few treatments I began to feel so much better I could gradually walk around. After

I had a number of treatments I could walk to the institution without pain. The treatment is very pleasant. Any one suffering from the same I am sure will be glad to know this

Yours sincerely,

MADGE F. BRYDON.

Drs. Trout & Tefft.—Two years ago last March while engaged in painting the cornice of a church the ladder on which I was standing slipped, I was much hurt, sought surgical aid and found that I had sustained a severe fracture and sprain of the foot and ankle. I was under the care of several doctors for a number of months, and during that time I had the tendon cut twice, my foot bandaged and numerous liniments applied. My foot however continued so weak and painful that I could do nothing but lay around and rest. I continued in this way for over a year, and felt completely discouraged. About this time I heard of your institution on Jarvis St., Toronto I am glad to be able to state that since I came for treatment my foot has continued to improve so much so that I can now walk and work with comparative ease and comfort. I can work on day after day and before I received this treatment, if I worked a part of a day my foot pained me so that I would have to lay off and rest. I wish to make this known so that any one suffering as I did will know where to go for help.

(Signed) JOHN HOLLAND,

July, 1877. Brantford Ont.

YOUNG MEN.

TO STUDENTS PREPARING FOR EXAMINATION.

Nothing in the realms of nature will enable you to accomplish extra mental work so well as Electricity applied for that purpose. It feeds the brain, supplies the waste, and when the trial is over, you will not feel the exhaustion and debility which is sure to follow all such heavy mental efforts. Or if your health is failing, and you are suffering from overstudy, nothing will restore you as rapidly, and enable you to *continue* your mental pursuits as Electricity applied according to our new system.

EXHAUSTED VITALITY.

The vital force is the basis of mental and physical action. Upon its extent and proper distribution will depend the power and capacity of each individual. While there is a due supply of this important element, and it is properly distributed over the body, health and harmony are secured; but when deficient or unbalanced, derangement and disease follow. This vital force may be disturbed or exhausted in various ways; but the

main source can be traced to an excess of animal indulgences.

Derangement and exhaustion thus brought on from youthful indiscretion often lead to the most serious consequences. These nervo-mental and organic derangements are directly amenable to electro-galvanic agencies.

BRONCHITIS, DYSPEPSIA, SPINAL CURVATURE, VARICOCELE, ETC.

My object in writing this testimonial is to induce the people if possible to procrastinate no longer. A small leak will sink a big ship if it is not attended to; and *your* troubles, no matter how slight in your estimation, may be the means of carrying you to your grave.

I have been a sufferer from indiscretion in early life, and have felt the bitter pangs of delaying. About eleven years ago my troubles began. My memory failed, my eyes were weak, etc. At last I began to treat myself. I tried all the best patent medicines in the market, occasionally putting myself under a doctor's care, until I was nearly physicked to death. It only succeeded in spoiling my stomach. My eyes got much weaker; my spine was bad; my throat troubled me, etc. My heart hurt me every time I stooped. I was obliged to travel for the good of my health. On my return I consulted some of the best medical men in the city and put myself under their treatment. I was dosed with medicine until I thought my brain would turn. It may have been the effects of opium, or mercury, or other poison, which I took as medicine. I thank God that I ever saw an advertisement about this Institute. I sent for one of their circulars, and having read a good many testimonials from the clergy and many respectable citizens, I gladly put myself under their treatment. I had all the troubles mentioned above, and more. I wore a truss and was nearly covered with porous plasters. After the first few treatments I was nearly discouraged, but the fourth did its work. I threw away my truss. I began to improve from that time gradually. I soon could remove my plasters; all melancholy was banished, and I began to feel like a new man. I have gained in weight; my spirits are excellent, and I consider that my condition will compare favorably with the most robust. Knowing that there are hundreds suffering from debility as I did, I ask as a favor to have this statement published.

P.S.—Now as I have been a sufferer from nervous debility caused by INDISCRETION in early life, and as I am respectably connected and well acquainted in this city, I withhold my name. But if there are any, young or old, suffering from troubles similar to mine, if necessary I will make an affidavit to the above testimony. Signed N.

November, 1877.

Loss of manhood is restored by electricity.

PELVIC DISEASES.

These diseases prevail to an alarming extent in the community. Medicines may be swallowed for months, and even years, without effecting a cure. The manifestations common to such conditions are nervous debility, exhaustion, constipation, dimness of sight, consumption of the tissues of the system, palpitation of the heart, loss of memory, often aversion to society,

dyspepsia, pain in the back or limbs, melancholy and insanity.

In our experience we find that no organs of the body are more liable to derangement than those situated in the pelvic basin. Males and females are equally liable to diseases or weakness of those organs. Our Electrical Treatment is especially adapted to the cure of such complaints, reaching (as no other remedy can) the diseased part, whether it be in the glands, vessels, nerves, muscles, or other tissue—it carries with it strength and tone, stops debilitating and abnormal secretions and discharges, reduces inflammatory action and imparts vigor and contractility to the fine muscular and nervous texture, electrifies and enriches the blood, and in a short time gives a healthy tone to the relaxed organism. Many are the benedictions we receive from this class of sufferers, who come to us gloomy and miserable, and after receiving treatment a few days, or in the worst cases as many weeks, experience a permanent cure. If our electrical treatment was only applicable to the CURE of this ONE DISEASE, that of itself would stamp it one of the greatest blessings of the age.

Consultation and treatment strictly private.

SEND FOR "NEW PAMPHLET FOR YOUNG MEN."

Address DR. VERNOY.

BATHS.

In connection with our numerous appliances for administering electricity, we have a superior Galvanic Bath, for the treatment of all appropriate cases.

AT THEIR RESIDENCE.

Patients unable to visit our office waited on at their residence.

N.B.—We wish the suffering distinctly to bear in mind that our mode of treating disease is entirely FREE FROM SHOCKS or UNPLEASANT SENSATION, on the contrary it is in every way pleasant and agreeable, even to the most sensitive and delicate. We apply it with equal success to the tender babe and aged matron or sire.

CONSULTATION AT OUR OFFICE FREE.

COMFORTABLE ROOMS AND BOARD FOR PATIENTS IN THE INSTITUTE.

We desire here to state that we do everything to make our Institution pleasant, agreeable and homelike for our patients.

Our Institution is pleasantly located on one of the most beautiful and retired streets in Toronto, near the Horticultural Gardens.

Our table is not strictly Hygienic, but is always supplied with Hygienic food.

Our terms are moderate.

INSTRUCTION.

Persons can have instruction for the treatment of special cases, and treat themselves or others at home if desired.

The full course embraces Anatomy, Physiology, Electro-Physiology, Electro-Diagnosis, Pathology and Therapeutics.

We have on hand all the maps, charts, apparatus, and appliances necessary to fully illustrate the various subjects taught.

PHYSICIANS.

Dr. S. Vernoy, Medical Electrician, who has had long and extensive experience in various cities, both in the United States and Canada, has charge of the gentlemen's department.

E. Amelia Tefft, M. D., (Woman's Medical College, Philadelphia) who has had ten years experience in Medical and Hygienic Institutes, has charge of the ladies' department.

Mrs. Jenny K. Trout, M. D., (Woman's Medical College, Philadelphia) and M. C. P. & S., Ont., consulting physician, &c.

Thoroughly trained and competent assistants under their supervision.

Address communications to

Dr. S. Vernoy,
Or Jenny K. Trout, M.D.

NOTICE.

The celebrated *tip-battery*, Office and Family Machines, Galvanic Batteries, Handsome case of Instruments used in Electro-therapeutic practice, Bands, Belts, Plates, Insulated Wire, Conducting Cord, Rubber Tubing, Portable Rubber Bath, &c., &c., for sale, *Wholesale* and *Retail*, at the Electro-therapeutic Institution, No. 274, 276 and 278 Jarvis street, Toronto, Ont.

SPECIAL NOTICE.

Our Institution is Re-opened

TO THE PUBLIC,

After having been enlarged and fitted up with everything that could conduce to the health and comfort of the patients and guests. The Pyhsicians of this Institution, though educated in the strictest Allopathic Colleges, do not feel bound to conform to the teachings of any Medical School, but will use any curative agent that is best adapted to the case, and which will most rapidly restore their patients to health.

Invalids, or those who from overwork require a change, rest and treatment, will not only find the *best* advantages in our speciality, ELECTRICITY, but also that we have the *best* facilities for giving various baths after latest the British and American improvements.

The Physician who has charge of this Department has had years of experience in New York. Among the baths given are, Turkish, Vapor, Hot Air; various Medicated as, Sulphur, etc., Rain, Spray, Douche, Shallow Full, Sitz, etc.; besides the various Galvanic Electro-Thermal, Spino-Thermal, etc. Baths which we have been hitherto giving.

Persons who simply require rest, and wish to secure a quiet, pleasant, cheerful home, with regular hours and a Hygenic table, without treatment, can do so.

☞ *The Physicians of this Establishment have no Connection with any other Persons or Institutions.* ☜

The Toronto Medical and Electro-Therapeutic Institute, corner of Jarvis and Gerard Streets.